

Referral Guidebook



Current January 2022



Table of Contents



- Page 3: Key Terms and Definitions
- Page 4: Diagram How a Referral is Navigated
- Page 5: Referral FAQs Accessing Authorization, Visits Authorized, Expiration
- Page 6: Referral FAQs Faxing Referrals, Changing Codes on Authorization
- Page 7: Referral FAQs Off-base Referrals, Releasing a Referral to Network
- Page 8: Referral FAQs Referral Processing Time, Activating, Calling for Help
- Page 9: Referral FAQs Second Opinions, Changing Off-base Provider/Location
- Page 10: Link to Referral Authorization Video/Navigation to www.tricare-west.com
- Page 11: Beneficiary Portal/Secure Login to www.tricare-west.com
- Page 12: DS Logon Set Up Steps 1-7
- Page 13: DS Logon Set Up Steps 8-11
- Page 14: Main Page of Beneficiary Portal on www.tricare-west.com
- Page 15: Referral Authorization Search on www.tricare-west.com
- Page 16: Referral Selection on www.tricare-west.com
- Page 17: Referral Authorization Letter Details on www.tricare-west.com
- Page 18: Request a New Provider for a Referral on www.tricare-west.com
- Page 19: Additional Assistance from 10th Medical Group Referral Management Center



Key Terms/Definitions



- Authorization: approval document for a referral which identifies the details (specialty, services/procedures, # visits, office/provider sent to, contact for provider/office, etc.) of the referral.
- Colorado Market: The military hospitals and clinics in Colorado Springs and Colorado which collaborate to maximize the services available to patients. Every attempt is made to navigate patients to a military hospital or clinic provider first if there is capability and access to care that meets the needs of the patient.
- **CPT/Procedure Codes:** Specific type of procedure (i.e. evaluation and treatment of nerve damage to neck) indicated on a referral which guides what the off-base provider is allowed to bill TRICARE for.
- Difference Between Referral On-Base versus Off-Base: Referrals for specialty care are either determined to be able to be treated within a military hospital or clinic (on-base) or to a provider in the local community (off-base) which requires navigation by the TRICARE Contractor (Health Net Federal Services)
- Health Net Federal Services: TRICARE contractor who administers the health care benefit for TRICARE beneficiaries to include referrals
- MHS GENESIS Patient Portal/USAF Academy Referral Management: Message location that patients can utilize to communicate referral issues, questions, concerns
- Patient Access Services: Appointment line which conducts calls to patients in order to book first specialty appointment for a referral retained at a military hospital or clinic
- Point of Service (POS) Option: Allows patients to pay out of pocket for services obtained directly in the network but often comes with large costs near full prices for services
- Referral: Decision by PCM to request additional care evaluation or treatment by a specialty service/provider
- TRICARE-West Beneficiary Portal: online portal requiring DS Logon to access TRICARE benefits status to include authorizations for referrals



How A Referral Is Navigated



Day 0

PCM Writes Referral

Day 1

Referral is reviewed by the Market or military hospital or clinic Referral Center to determine whether a specialty clinic has capability or capacity within access to care standards to retain the referral within the military clinic or defer to an off-base/post provider

Referral is sent to a military specialty clinic

Referral is sent to an off-base specialty provider

Days 2-3

Patient Access Services or clinic directly calls within 3 business days to book referral with military specialty clinic. If patient does not receive a call within 3 business days, contact Patient Access Services at 719-524-2273, option 1 (Monday – Friday 6:00 a.m. to 4:30 p.m.). After 3 unsuccessful attempts to contact by phone, patient is also sent an MHS GENESIS Patient Portal message to notify they were attempted to be contacted and booked an appointment for specialty care with further instructions.

Referrals off-base will be processed within 3-5 business days. The patient bears the responsibility for booking a referral that is sent off-base. This requires the patient to attain the digital copy of their authorization from the TRICARE Contractor (Health Net Federal Services). The patient attains this by going to www.tricare-west.com and logging in to their beneficiary portal. It is the same login (DS Logon) as the MHS GENESIS Patient Portal. A wideo/guide is available to patients for setting up logon and navigating to the authorization document. The patient must either contact the provider office on the authorization to initiate appointment or request a change of

Days 3-5

The Patient has the right to be booked a military clinic appointment within 28 days of calling to make the appointment. If an appointment is not made available within 28 days, the patient may request a referral to a different provider. For military clinic specialty care referrals in this circumstance, contact our Referral Management Center at 719-333-5752 for next steps. Please note, specialty care off-base may also be limited within 28 days.

The patient has the right to be booked an appointment within 28 days of calling the provider office. If an appointment is not made available within 28 days, the patient may request a referral to a different provider (see guide). If the patient is not able to find a network provider with an available appointment within 28 days, the patient has the right to request an appointment with a non-network provider. This requires phone contact with Health Net Federal services at 844-866-9378, option 2, then option 2.

providers. Instructions for doing so are in the video/guide.

Days 6-35



Referral FAQs – 1



- Q: How do I get access to my authorization?
 - A: Your referral authorization is <u>only</u> accessible through the TRICARE-West online portal (<u>www.tricare-west.com</u>) using the same DS Logon as for the MHS GENESIS Patient Portal. There is a video at the following location (<u>https://vimeo.com/451369629</u>) for accessing the authorization and additional pages in this guide for instructions on setting up DS Logon. Your referral authorization will not be mailed to you unless you are age 65+/Medicare enrolled. <u>Only</u> TRICARE Plus (Age 65+/Medicare+military clinic enrollment) patients receive a letter of their referral mailed by the military clinic. These authorizations will be used to navigate (location/phone #) on where to book your specialty care appointment or obtaining Durable Medical Equipment.
- Q: How many visits am I authorized?
 - A: The number of visits authorized on a referral can vary but this number is located on the authorization document accessible to you. See page 16 of guide. Many referrals are written with one evaluation visit and additional visits for treatment. For example; MRIs or Mammograms are diagnostic with one visit authorized meanwhile, referrals to Neurology may often include authorization for one evaluation visit and 4-5 treatment visits.
- Q: When does my authorization expire?
 - A: Referral authorizations can range from 30 days to 365 days, however a large majority of referrals cover 180 days of treatment. This information is located directly on the authorization document. See page 16 of the guide. When this referral expires, a new referral will be required from the PCM or ordering provider if not originated by PCM.



Referral FAQs - 2



- Q: Can you fax my referral to the provider?
 - A: Referrals for TRICARE Prime patients are faxed by Health Net Federal Services to the provider who the referral has been assigned. If the referral has not been received by the provider, contact Health Net Federal Services (1-844-866-9378) and inform them that the office has not received the authorization. If the patient is not getting adequate assistance or there are continued problems with the receipt of the referral by the off-base provider, contact the Referral Management Center at 719-333-5752 or on the MHS GENESIS Patient Portal via USAF Academy Referral Management.
- Q: The provider needs codes (CPT/procedures) added or changed. Can you do that?
 - A: The military clinic cannot adjust the codes that are generated on a referral authorization. It is recommended that the patient coordinate with the off-base provider and inform them to contact Health Net Federal Services (1-844-866-9378). The off-base provider has the expertise to inform Health Net Federal Services regarding what codes need to be changed or added on a referral. If these actions are not successful, the patient is encouraged to contact the Referral Management Center at 719-333-5752 or on the MHS GENESIS Patient Portal via USAF Academy Referral Management.



Referral FAQs - 3



- Q: Options to receive an off-base referral for specialty care?
 - A: TRICARE Prime Patients enrolled to the military clinic will be navigated first to care within an military clinic or hospital if it is available and within access to care standards. This is a requirement of the TRICARE Prime benefit. Each referral is reviewed for capability and continuity of care if a patient has a history of care with an off-base provider but if the patient has not seen the provider in greater than 3 months or there are no other compelling continuity reasons, the patient will be directed to a military clinic or hospital. Patients have a Point of Service (POS) option to choose a medical specialty in the network, but will pay extensive out of pocket costs. For more information, visit: https://www.tricare-west.com/content/hnfs/home/tw/bene/claims/pos.html
- Q: My referral was captured by the military clinic or hospital; how do I get it released?
 - A: Referrals will not be released by the military clinic. They have been reviewed by the referral center of the Colorado Market and military clinic or hospital for capability and continuity. It is recommended that patients go to their first appointment with a specialist in the military clinic or hospital and discuss care options with that provider. Patients may always choose the Point of Service option described above.



Referral FAQs – 4



- Q: How long does it take for the referral to be processed?
 - A: Referrals that are retained within a military clinic or hospital are processed within 1-2 business days with contact to make an initial appointment beginning at business days 2-3. Referrals that are deferred to the off-base network are processed within 3-5 business days and the patient is not contacted regarding approval so it is critical that the patient continue to check www.tricare-west.com after 3 business days if not contacted for a military clinic or hospital appointment. From www.tricare-west.com, the patient should obtain the authorization and begin making appointment arrangements with a specialist.
- Q: What do I need to do to activate my referral?
 - A: Patients do not need to activate a referral. The patient's role is to follow up on their care by checking www.tricare-west.com after 3 business days (and continuing to check) if not contacted for a military clinic or hospital appointment. The patient must make the appointment if referral is deferred to an off-base provider.
- Q: Where can I call to get more help with my referral?
 - A: If the referral has been deferred to an off-base provider, it is recommended that the patient contacts Health Net Federal Services for further assistance. The phone number to Health Net Federal Services is 1-844-866-9378. If the referral has been retained at a military clinic or hospital, contact the Referral Management Center at 719-333-5752 or on the MHS GENESIS Patient Portal via USAF Academy Referral Management.



Referral FAQs – 5



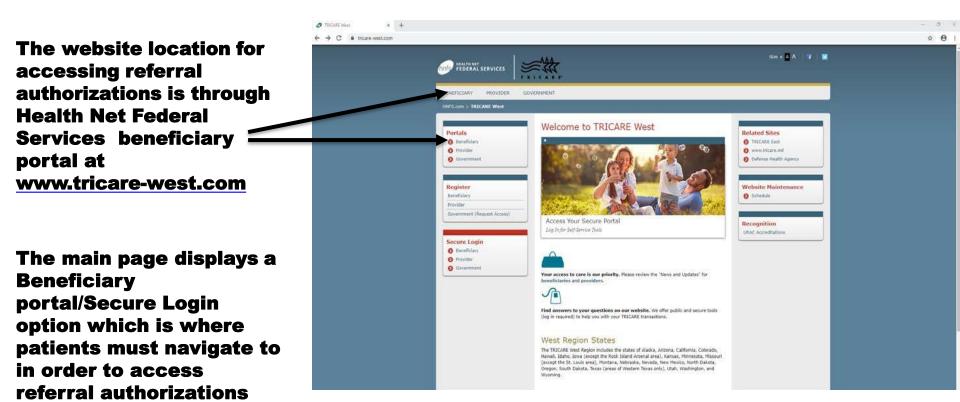
- Q: How do I get a second opinion?
 - A: This depends on whether the referral has been retained at a military clinic or deferred to an off-base provider. If the referral was originally retained at a military clinic, contact the clinic directly to see if there are other providers available within the military clinic or Colorado Market that you may be able to see. If unsuccessful, contact the Referral Management Center at 719-333-5752 for assistance. If the referral is deferred off-base, a new referral will need to be written by the PCM indicating a second opinion. We recommend contacting the PCM via the MHS GENESIS Patient Portal to request this.
- Q: Can I change my off-base referral to a different provider?
 - A: Off-base referrals can be changed to a different provider directly by the patient if the visits on a referral authorization have not been utilized. In this case, the patient can contact Health Net Federal Services (1-844-866-9378) or perform the steps on page 17 of this guide through the www.tricarewest.com beneficiary portal.



TRICARE-West – Video/Main Page



A video describing referral authorizations and the access to the document is available at the following link: https://vimeo.com/451369629





Beneficiary Portal/ Secure Login Page



After clicking to navigate to the beneficiary portal/secure login, the patient will see this page where they should login using the DS Logon. This is the same logon used for the **MHS GENESIS Patient** Portal. If a DS Logon has not vet been established, the patient should click Register at the top of the ribbon. The next two slides are a comprehensive guide/pamphlet to setting up the DS Logon.

hnfs FEDERAL SERVICES	R E'	Log	Out
HOME ENROLLMENT AUTHORIZATION	S CLAIMS COVERED SERVICES	WELLNESS RESOURCES	SECURE PORTAL
HNFS.COM > Login			
DS LOGON Use your DoD Self-Service Logon (DS Logon) to log premium DS Logon is required. For information of the thy Access Center link below DS LOGON DS LOGON DS Logon My Access Center & FAQS Click here to review the Privacy Act Statemer For DS Logon support, please call the DMDC at 1-	Pass I for so	IOC got or lost my password Iforgo upport with login issues please call 1-8 ort hours are Monday - Friday 6:30am	<u>t my username</u> 300-440-3114
Hol	me Company News Contact Us Pr	ivacy Go ToPortal ▼	

DS Logon Set Up Guide/Pamphlet – Steps 1-7

- 1. Go to www.tricare-west.com/idp/bene-login.fcc
- Select "DS Logon" and "Need An Account?"



2. Provide all eligibility information and continue.



3. For those without a Common Access Card (CAC), choose the option to "Register using my email in DEERS." If you do not have an email in DEERS, you can set this up by going to https://idco.dmdc.osd.mil/idco/.



4. You must consent to using your email address to send an activation code.

Registration Process	Registration Process
By selecting "Yes" below you are consenting to our use of your email address (tr@mail.mil) to send an activation code. Yes No	an activation code.

5. You will receive notification of the activation code being sent and to check your Spam folder.

	Registration Process
message from do-no	tion code has been sent to tr@mail.mil. Please check your email inbox for a -reply-dslogon@mail mil, and follow the instructions. If you do not see an email logon@mail.mil in your inbox please check another folder such as a "Spam" or "Junk" folder.

6. After retrieving your activation code, return to the main logon page and then select the option to "Activate My Account".

ATTENTION ALL LISEDS: DI EASE DE	AD THE BELOW INFORMATION IN IT'S EN	INDETY
ACTION NEEDED: Phone Numbers ca "UPDATE CONTACT INFORMATION." ensure your phone (e.g., cell, landline) a	n be updated by yourself by logging into you This will take you to a screen to update your and email address is accurate as future secu n account if the phone number is not one you	DS Logon account and going to own phone number and email. Please rity features will be enabled soon and
	one of our partner sites, CLOSE your brows y. If you choose not to close your browser an H and BENEFIT INFORMATION.	
DS Logon	CAC	DFAS
	DS Logon	
	DS Logon Username	
	DS Logon Password	
	Forgot Username? Forgot Password?	
	Login	
■ Need An Account?		

7. Next you will be asked to verify your personal info again and input the activation code you retrieved from your email.

First Name			
Last Name			
Date of Birth			
Person Identifier	XXX-XX-XXXX	Social Security Number	~
Activation Code	*If you have a PIN	N, this feature has been remove	ed.
	n you have a r n	Continue Cancel	

DS Logon Set Up Guide/Pamphlet – Steps 8-12

8. Provide your DoD ID Number in the required block.



9. Create a DS Logon password that meets system requirements.

 Password 	ements:	
 Password 	and the second second second second	
	ds must be at least 9 chara	
	lowercase letter (e.g., a,b,	
	uppercase letter (e.g., A,B	
	number (e.g., 0,1,2,,8,9)	
	Characters are not required 1., @_#I&\$'%"+()./;,~:{} ?>=	but these special characters car =<^[]-)
. V No birth o	dates, social security numb	ers, or part of your name
	anging a password, your no n 1 time in 24 hours	ew password cannot be changed
		issword expiration date on a ssword should never be written o
password requir	ements when all lines abov	vill know your password meets the re are green. If there is any red li- meet the requirement identified
Pa	ssword	~
	ssword	~
Confirm Pa		

10. Create password recovery questions/ answers.

recovery questions/	What was the name of your first pet?				
answers.	In what hospital were you born?				
	What school did you attend for sixth grade?				
	In what city did you meet your spouse?				
	In what town was your first job?				
	Once completed, press Continue. Continue Cancel				
11. Select a security image that you will use	Select your image. This image will be displayed during the login process.				
each time that you log on via DS Logon.					

Please select a question and type the answer. These questions will be asked when you reset or change your password. Your answers are not case sensitive.

12. The final two screens will provide the username you will use to log on each time and verification that you account is active. You may now login at the main page via your DS Logon.

		requently Asked Quest
	Activation Successful	
Your Usern	name is:	
	ingratulations! Your identity has been verified, ess continue to go to your DS Logon account.	
	Continue	
		requently Asked Questi
		requeinly Asked Guesti
mail addresses may be u	ised to reset your password. The email a	iddresses on file are:
	nt	
t_r@mail.rr		
t_r@mail.r	Add Email	

10th Medical Group

DS Logon Activation Guide for Health Net Federal Services

Manage Enrollments, Pay Premiums/Make Payments, Download Referral Authorizations, Request Changes to Referrals, Review Number of Remaining Visits on a Referral, Review Claims/Explanation of Benefits, **Search Network Provider Directory**





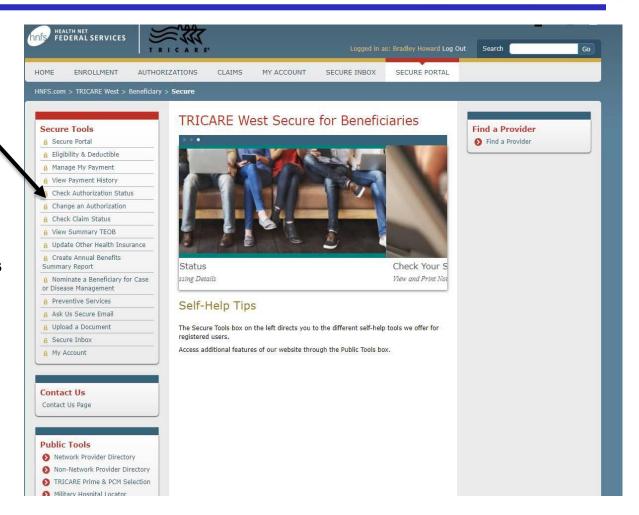


TRICARE-West – Beneficiary Portal – Main Page



After logging in, the patient will access referral authorizations by clicking on the "Check Authorization Status" link under Secure Tools.

From there, the patient will be directed to search by beneficiary (self or dependents) and date ranges

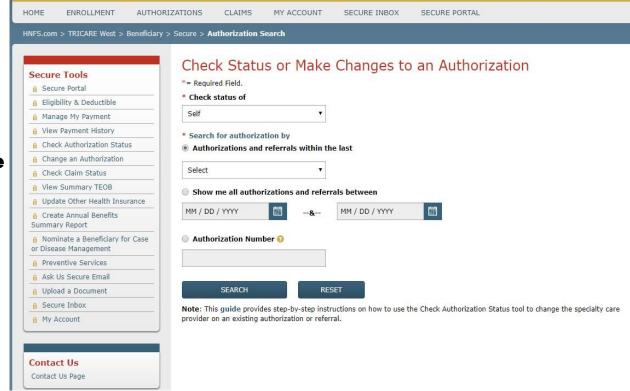




TRICARE-West – Beneficiary Portal – Referrals Search



After clicking on the Check Authorization Status page, the patient must choose for whom the referral authorizations they are attempting to acquire (self or dependents) and then filter to a specific date range or authorization number. After doing so and clicking search, the patient will see all approved referrals displayed on the screen.



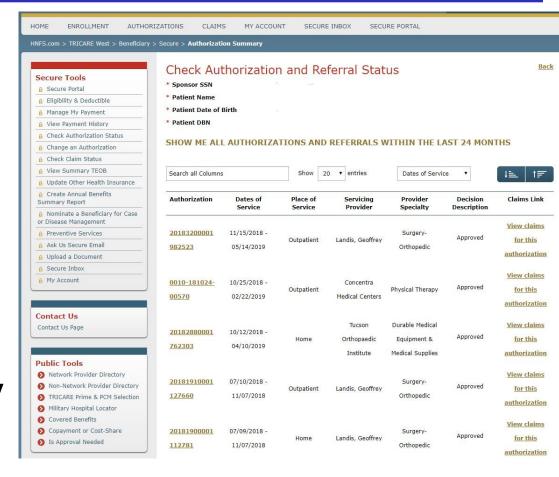


TRICARE-West – Beneficiary Portal – Referrals Selection



After searching a date range, the authorizations approved during this period will display. From here, the patient must click on the highlighted authorization number on the left side of the table. This will enable a few key actions related to this referral

- View/download authorization letter instructing where referral has been directed. Patient should initiate booking with network specialist using info provided.
- 2. View claims related to the authorization which would show how many visits remain on the existing authorization. If no visits remaining, must contact referring provider or PCM.
- Request a new provider for the specialty care being referred





TRICARE-West – Beneficiary Portal - Referral Authorization Letter



After clicking on the authorization, several important details are displayed including the authorization letter, claims link and new provider request link. Service line details are displayed below and down the page with information such as number of visits. When selecting to view authorization letter a pop up window will emerge that allows the download of the authorization into a PDF. Our team recommends that patients save this PDF to their mobile device.

Visits authorized: important to view all line details as often there are additional line details with more visits (i.e. for follow ups)

Expiration date on the referral

CHECK AUTHORIZATION AND REFERRAL STATUS

Authorization 20183200001982523

Authorization Status Approved

Decision Approved

UIN

Patient Name

Patient DBN

Patient DOB

Primary Diagnosis Code M93.271

Secondary Diagnosis Code M65.9

Plan TRICARE Prime-Active Duty Sponsors

Sponsor Name I

Sponsor SSN:

View authorization letter

View claims for this authorization

Requesting Provider Name Geoffrey Landis

Provider Phone (520) 382-8200

Servicing Provider Name Geoffrey Landis

Servicing Provider NPI 1982645719

Provider Phone (520) 382-8200

Servicing Facility

Provider Address 6320 N La Cholla Blvd, Tucson, AZ 85741-3549 Request New Provider

FAX (520) 297-3505

Primary Diagnosis/Description Osteochondritis dissecans, right ankle and joints of right foot

Secondary Diagnosis/Description Synovitis and tenosynovitis, unspecified

Specialty Surgery-Orthopedic

SERVICE LINE DETAIL 1

Service Type Office Visit Professional

Requested Procedure 99241-99245

Place Of Service Outpatient

Decision Approved

Reason TRICARE Covered Benefit (S

Service Begin Date 11/15/2018

Service End Date 05/14/2019

High Procedure Code/Description 99245 / Office Consultation

Low Procedure Code/Description 99241 / Office Consultation

Approved Service Type Office Visit Professional

Approved Procedure Range 99241-99245

Beginning Procedure 99241

Ending Procedure 99245

Quantity 1.0 VISITS



TRICARE-West – Beneficiary Portal – Request New Provider



After selecting the "Request New Provider" option, a window will pop up that organizes providers based on distance of the office location in the directory. It can also be rearranged alphabetically and a name search can be performed in the upper right.

After a provider is selected via the bubble on the left, click the submit request option and a new authorization will process and publish with the provider selected. It is highly recommended that the patient call the office associated with a specific provider as the directory is not always accurate. This may take 1-2 minutes to process.

				Searchs	
Select	A Name	Address	Distance	Speciality	
0	DOMENGO CHELEUITTE	350 N WILMOT RD TUCSON, AZ 65711	4.24	Surgery-Orthopedic	
0	MARK SENESE	6502 E CARONDELET DR TUCSON, AZ 85710	4.28	Surgery-Orthopedic	
0	TIMOTHY DIXON	6567 E CARONDELET DR TUCSON, AZ 85710	4.32	Surgery-Orthopedic	
0	LACEY RAD	6567 E CARONDELET DR TUCSON, AZ 85710	4.12	Surgery-Orthopedic	
0	THOMAS NELSON	6567 E CARONDELET DR. TUCSON, AZ 85710	4.32	Surgery-Orthopedic	
0.	ROBERT MERSEY	6567 E CARONDELET DR. TUCSOR, AZ 85710	4.12	Surgery-Orthopedic	
Э	JOHN KLEIN	6618 E CARONDELET DR TUCSON, AZ 85710	4.45	Surgery-Orthopedic	
0	KAI-UWE LEWANDROWSKI	717 S ALVERNON WAY TUCSON, AZ 85711	5.09	Surgery-Orthopedic	
Ð	TY ENDEAN	6369 E TANQUE VERDE RD TUCSON, AZ 85715	5.14	Surgery-Orthopedic	
9	MICHAEL DOHM	2800 E AJO WAY TUCSON, AZ 65713	5.76	Surgery-Orthopedic	
howing 1 to 1	3 of 100 entries		4	: < 1 2 3 10	> >>



Additional Assistance



■ If ever a patient requires assistance regarding a referral which cannot be resolved using this guide, contact the 10th Medical Group Referral Management Center via the MHS GENESIS Patient Portal (USAF Academy Referral Management) or by phone at 719-333-5752